

Online Dating-Internet Relationships

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Dating. At some point we all do it. We look for a partner that shares our beliefs and goals for a brief time or the rest of our lives. It all depends what you are looking for. Dating can be an exciting, whirlwind experience, and at the same time nerve wracking.

Over the past 15-20 years, online dating has become a normal way for people to meet and get to know each other. In the cyber forum it seems easier to tell people about our lives and all of the dramas, tragedies, desires and fears that we have. Not being face-to-face reduces anxiety and the fear of being rejected. Instead of a single person, you can chat or get to know as many as you want at the same time.

Online dating has its shortcomings, like anything else. Who you are talking to and who you see in their picture may be two totally different people. Anyone can tell you they are a chef, a model, an executive for a large business. "Catfishing" is a very real and common occurrence on online dating. There is a tab on this website that talks further about "catfishing" if you're curious to know more.

Along with the dangers of being "catfished" there are other dangers lurking on the internet. Please date smart! It's hard not to drop your guard when you see his sexy smile or her beautiful eyes. Attraction is a powerful emotion that causes us to do some very risky things we would not normally consider.

We have listed some links to other websites that talk about dating safety to help you educate yourself. Go date! Go have a great time! Just remember to keep your head together and stay SAFE!

U.S. World and News Report

[Safe and Healthy Online Dating Tips](#)

E Harmony

[Online Dating Tips](#)

Huffington Post

[The Online Dating Game](#)

[Tips for Finding a Safe Date or Mate Online](#)

ilookbothways

[Dating Online](#)

Safekids.com

[Online Dating Safety Tips for Adults](#)

LGBT Foundation

[Online Safety](#)